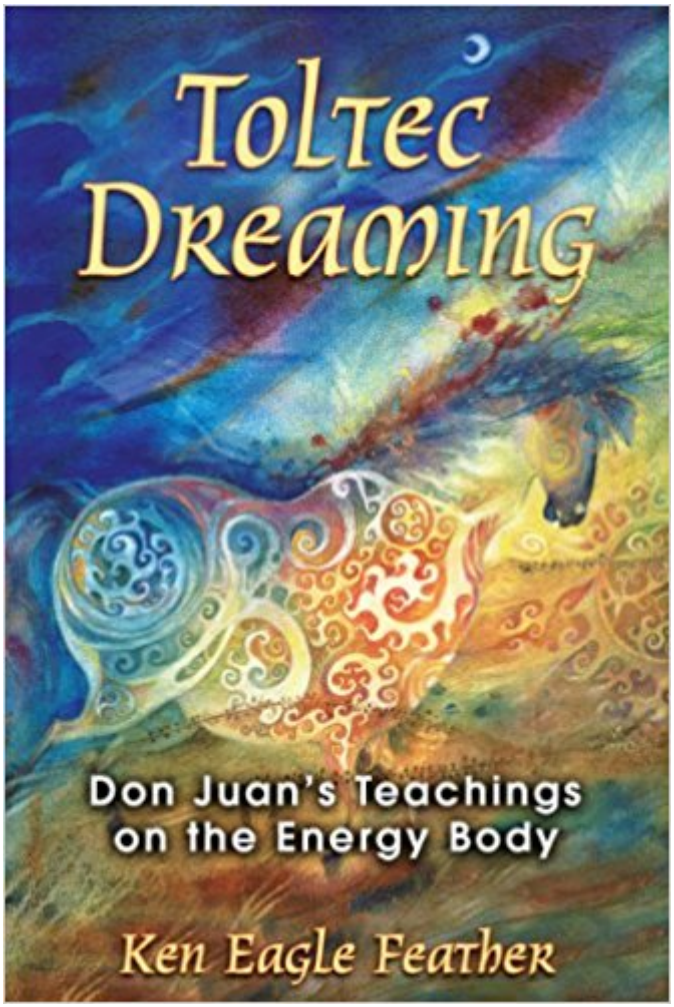
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Toltec Dreaming: Don Juan's Teachings On The Energy Body



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Synopsis

A metaphysical instruction manual on the role of dreaming in the Toltec tradition Ã¢â ¬Â¢ Describes the energy body, its modes of perception, and how it produces dreaming Ã¢â ¬Â¢ Provides an outline of the dream gates showing how they correspond to the chakras Ã¢â ¬Â¢ Includes detailed instructions for awakening dreaming potential and for exercising and expanding the dreaming body--what to expect and how to respond Toltec Dreaming explores the many aspects and levels of the dream-state, distinguishing ordinary dreaming from Ã¢â ¬Å“dreaming awake,Ã¢â ¬Â• a condition of heightened awareness through which the active dreamer ascends to the Dream of Transcendence. In this book, Ken Eagle Feather presents the history of dreamingÃ¢â ¬â„¢s place within the Toltec tradition and provides a practical how-to manual for achieving and maximizing dreaming potential. The Toltec Way superimposes on the waking world the subtle physics of the dream world in order to create a conscious dreaming body, often referred to as an Ã¢â ¬Å“out-of-body experience,Ã¢â ¬Â• that can allow anyone to use dreaming as a vehicle to higher consciousness. Once the dreaming energies are fully awakened, unbounded conscious perception can come alive, whether one is in the world of dreams or in daily life. The author shows how to communicate while in the dreaming body and indicates what one may encounter in the dream. He also identifies barriers to dreaming and includes instructions for detaching the dream body from the waking ego. Filled with techniques that stimulate dreaming and the development of the dreaming body, this book will guide practitioners along the Toltec Way of the Dream.

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Customer Reviews

Ã¢â ¬Å“I have known and worked with Ken Eagle Feather for well over a decade, and he is one of those all-too-rare writers who actually--hour to hour, day by day--lives what he teaches. As a result, this book emanates a power and an authenticity that makes it a most potent, vital, and inspiring work. You are in very good hands.Ã¢â ¬Â• (Simon Buxton, author of The Shamanic Way of the Bee)Ã¢â ¬Å“The next frontier is human consciousness, and through his explorations into non-ordinary reality, Ken Eagle Feather shows us how we can begin to transcend the Ã¢â ¬Ëœhabits of mindÃ¢â ¬â„¢ that have come to dominate--and limit--our perception of ourselves and our world. What an exciting opportunity for us all.Ã¢â ¬Â• (Hillary S. Webb, author of Exploring Shamanism and Traveling between the Worlds)"Toltec Dreaming is clearly one of the more interesting books on the subject available today. We recommend the book highly." (O Caldeirao, Issue 14, Nov 2007)"The author does a nice job of explaining the Toltec path and philosophy, but explains the information in a manner that can also be used in the reader's everyday life. The book has some really good exercises and information for anyone, not just those interested in exploring specifically the Toltec teachings." (D. Tigermoon, The Pagan Review, Dec 2007)Ã¢â ¬Å“By the end of this book, you know whether you want to walk this path completely, or take what was right for you, and leave the rest behind. Whatever you do, you will have grown as a person.Ã¢â ¬Â• (Angelfire.com, Nov 2006)

SHAMANISM / DREAMS Ã¢â ¬Å“I have known and worked with Ken Eagle Feather for well over a decade, and he is one of those all-too-rare writers who actually--hour to hour, day by day--lives what he teaches. As a result, this book emanates a power and an authenticity that makes it a most potent, vital, and inspiring work. You are in very good hands.Ã¢â ¬Â• --Simon Buxton, author of The Shamanic Way of the Bee Ã¢â ¬Å“The next frontier is human consciousness, and through his explorations into non-ordinary reality, Ken Eagle Feather shows us how we can begin to transcend the Ã¢â ¬Ëœhabits of mindÃ¢â ¬â„¢ that have come to dominate--and limit--our perception of ourselves and our world. What an exciting opportunity for us all.Ã¢â ¬Â• --Hillary S. Webb, author of Exploring Shamanism and Traveling between the Worlds Toltec Dreaming explores the many aspects and levels of the dream state, distinguishing ordinary dreaming from Ã¢â ¬Å“dreaming awake,Ã¢â ¬Â• a condition of heightened awareness through which the active dreamer ascends to the Dream of Transcendence. In this book, Ken Eagle Feather presents the history of

dreamingÃ¢â ¬â„¢s place within the Toltec tradition and provides a practical manual for achieving and maximizing dreaming potential. The Toltec Way superimposes on the waking world the subtle physics of the dream world in order to create a conscious dreaming body, often referred to as an Ã¢â ¬Å“out-of-body experience,Ã¢â ¬Â• that can allow anyone to use dreaming as a vehicle to higher consciousness. Once the dreaming energies are fully awakened, unbounded conscious perception can come alive, whether one is in the world of dreams or in daily life. The author shows how to communicate while in the dreaming body and indicates what one may encounter in the dream. He also identifies barriers to dreaming and includes instructions for detaching the dream body from the waking ego. Filled with techniques that stimulate dreaming and the development of the dreaming body, this book will guide practitioners along the Toltec Way of the Dream. Ken Eagle Feather is communications director for a medical science research organization and the author of On the Toltec Path. He lives in Richmond, Virginia.

A totally practical and inspirational guide.

Good book.

A must for fellow Toltecs, not for others. For us, however, having Ken Eagle Feather’s description of his own ’dreaming’ experiences is helpful to the guiding of our own.

Because my native language is not English, I hardly understand his language because of the words not popular and long sentences..On the other hand,full of very valuable knowledge and experiences of course.

Don Juan was made up by Castenada for personal gain. Anyone claiming Don Juan’s "teachings" is just scamming you.Check out https://www..com/Don-Juan-Papers-Castaneda-Controversies/dp/0595144993andhttps://www..com/Castanedas-Journey-Allegory-Richard-Mille/dp/0595145086/ref=pd_bxgy_14_img_2?_encoding=UTF8&psc=1&refRID=A2BMZE1RY1BFB4PV8ABE

An Excellent Book On ShamanismBy Jim PathFinder Ewing (Nvnehi Awatisgi)From the newsletter "Keeping In Touch ..."Vol. 7, No. 13 August, 2007I’ve been reading a wonderful book just out by Ken Eagle Feather titled "Toltec Dreaming: Don Juan’s Teachings on the Energy Body" (Bear &

Co., 272 pages, June 22, 2007; $16). He was kind enough to send me an advance copy, which I endorsed:"In Dreaming, Ken Eagle Feather masterfully outlines the appearance of Power in our lives as a shamanic principle that he shows can be easily recognized, and explores the power of dreaming as an active force that can define our lives in profound ways. As with his other books, Eagle Feather explains complex shamanic principles of the Toltec tradition as taught to him personally by don Juan Matus, the shaman many have come to know through the books of Carlos Castaneda. For the discerning Castaneda student, Eagle Feather provides painstakingly researched references including page numbers for ideas covered in Castaneda's books for easy reference. But Eagle Feather demonstrates his proficiency of the subject matter by expanding on the ideas and principles with examples from his own life, as well as offering new avenues of thought -- and exercises -- for readers. For novices to shamanism to the well-read, Dreaming offers new insights into the nature of the energy body that complement Eastern concepts, while also refining that which is known of Toltec ideas. In Dreaming, Ken Eagle Father demonstrates he is a man of knowledge in his own right, sharing a rare gift of inestimable value."But, I'd go a bit further to say that all of Ken's books are worth reading, especially if you are "into" shamanism. For those who follow Castaneda's work, he has references to his books with the concepts; but, more importantly, in my mind, Ken offers a way of seeing the world that takes don Juan's and applies it to the world.I read all the Castaneda books when they came out nearly 40 years ago, and have practiced shamanism all my life. Some of the teachings of don Juan, I believe, were horribly distorted, and later books bear me out, especially regarding the use of psychotropic drugs. That's because, I believe, Castaneda was a literalist, or too left-brained, to understand the concepts and so don Juan and his fellow shamans dramatized and even traumatized Castaneda so that they could "get through" to him.Anyone who actually practices shamanic journey (which my next book, "Healing Plants and Animals from a Distance: Curative Principles and Applications" will introduce to the trilogy) knows in Castaneda's books where don Juan was speaking, and were left-brained suppositions entered in.What I like about Ken's books are that anyone, repeat anyone, can get a clear idea of the shaman's path from reading him - whether one practices or not - and be sure that they are getting "the straight skinny."I don't agree with much of the Toltec way, as I believe it is too foreign for most average Americans to accept, that is, truly adopt; but the way of viewing the world in shamanic terms as outlined by Castaneda has become part of the cultural currency, so it's useful to employ. As a method, it's easy to point to the nagual and tonal and explain being and nonbeing in shamanic terms, for example. Whether we are all fodder for the Eagle, well, that's a philosophic point perhaps best left to left-brained individuals with lots of time on their hands. I believe, as Ken

notes, that how we view our world is a product of "cuing," that is, connecting to select understandings that join to make a world view. Some of the concepts of the Toltec way, in my mind, are too harsh, they stem from a world in which "lack" is the order of the day, breeding a stoicism that teeters on nihilism. My world is a much more joyful world, filled with exciting possibilities. It’s also a lot less lonely.But much of what Ken writes about are actual practical applications that are useful and described in a way that can become powerful tools used as second nature. For example, stalking your weaknesses, or predilections, or being aware when your controlled folly comes forward. One tool I’ve been using a lot lately, reminded of it reading Ken’s book, is recapitulation. Simply stated, and Ken does much better in the book, that’s when you remember an event that is freighted with negative emotions and walk through it again, reexperiencing every emotion, every nuance of the event, and allowing it to be more fully imprinted from a larger point of view. This allows for tremendous inner growth and healing by taking the "charge" out of past negative events, and it frees energy for use now. I would recommend those who read my books, especially using inventory to allow themselves to become more present, aware and allowing who they really are to come forward (Finding Sanctuary in Nature: Simple Ceremonies in the Native American Tradition for Healing Yourself and Others, andÃ Â Clearing: A Guide to Liberating Energies Trapped in Buildings and Lands) to practice recapitulation, as well.If you are looking for a good book on shamanism, Ken Eagle Feather’s "Dreaming" is a good one; also get a copy of hisÃ Â On the Toltec Path: A Practical Guide to the Teachings of don Juan Matus, Carlos Castaneda, and Other Toltec Seers. Both are excellent.Many Blessings!Wisatologi Nihi!Jim PathFinder Ewing(Nvnehi Awatisgi)Healing The Earth/Ourselves([...])Lena, Miss.

Ken Eagle Feather’s TOLTEC DREAMING: DON JUAN’S TEACHINGS ON THE ENERGY BODY explores different levels of the dream state, contrasting ordinary dreaming with ’dreaming awake’ in which an active dreamer ascends to the Dream of Transcendence. All this is placed in context of the Toltec tradition and provides a fine, purposeful blend of history and new age ’how to’ insights.

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